

règlement art. 5.9.3: pointage anticipé autorisé au FNT  
 regulations art. 5.9.3: early check-in allowed at FNT

**MAXI TARGET TIMES**  
**NAVIGATION TEST**  
**NT 11.1**

| H4   | H3   | H2   | H1   | H2t  | H1t  |
|------|------|------|------|------|------|
| 0h57 | 1h05 | 1h14 | 1h22 | 1h14 | 1h22 |

**WAYPOINTS TO VALIDATE**  
**NAVIGATION TEST**  
**NT 11.1**

| BOX | PK    | TYPE |
|-----|-------|------|
| 4   | 1,14  | SNT  |
| 5   | 1,76  | WP A |
| 7   | 3,11  | WP A |
| 8   | 3,35  | WP A |
| 9   | 3,63  | WP A |
| 10  | 4,74  | WP A |
| 11  | 5,33  | WP A |
| 12  | 6,33  | WP A |
| 13  | 7,06  | WP A |
| 14  | 9,46  | WP B |
| 15  | 10,83 | WP A |
| 16  | 11,41 | WP A |
| 17  | 13,11 | WP A |
| 18  | 13,85 | WP A |

| <b>BOX</b> | <b>PK</b> | <b>TYPE</b> |
|------------|-----------|-------------|
| 19         | 15,65     | WP A        |
| 20         | 16,32     | WP A        |
| 21         | 19,89     | WP B        |
| 22         | 21,57     | WP A        |
| 24         | 22,44     | WP A        |
| 25         | 24,21     | WP A        |
| 26         | 25,85     | WP A        |
| 27         | 27,24     | WP A        |
| 28         | 28,82     | WP A        |
| 29         | 29,60     | WP A        |
| 30         | 31,00     | WP A        |
| 31         | 32,08     | WP A        |
| 32         | 34,11     | WP A        |
| 33         | 34,97     | WP A        |
| 34         | 35,37     | WP A        |
| 35         | 37,37     | WP A        |
| 36         | 39,33     | WP A        |
| 37         | 39,62     | WP A        |
| 38         | 40,25     | WP A        |
| 39         | 41,21     | WP A        |
| 40         | 42,32     | FNT         |

**DUNE TEST**  
**DT 11.2**

**NOMBRE TOTAL DE WAYPOINTS**  
**TOTAL NUMBER OF WAYPOINTS**

**SDT + 8 waypoints + FDT**

**NOMBRE MINIMUM DE WAYPOINTS À VALIDER**  
**MINIMUM NUMBER OF WAYPOINTS TO VALIDATE**

**SDT + 6 waypoints + FDT**

**PÉNALITÉ DT NON RÉALISÉ**  
***PENALTY DT NON COMPLETED***

**150 POINTS**

règlement art 5.10.2: pour être considéré comme réalisé le Concurrent doit avoir validé les Waypoint SDT et FDT et ainsi qu'un nombre minimum de Waypoints entre ces 2 points

*regulation art 5.10.2: to be considered completed, the Competitor must have validated Waypoints SDT and FDT as well a define number of Waypoints between these 2 points*

| KM TOTAL | AVERAGE SPEED H1 | IDEAL TIME H1 | AVERAGE SPEED H2 | IDEAL TIME H2 | AVERAGE SPEED H3 | IDEAL TIME H3 | AVERAGE SPEED H4 | IDEAL TIME H4 |
|----------|------------------|---------------|------------------|---------------|------------------|---------------|------------------|---------------|
| 56,51    | 60               | 0:00:00       | 70               | 0:00:00       | 80               | 0:00:00       | 85               | 0:00:00       |
| 59,25    | 65               | 0:02:44       | 75               | 0:02:20       | 85               | 0:02:03       | 90               | 0:01:56       |
| 60,22    | 70               | 0:03:38       | 80               | 0:03:07       | 90               | 0:02:44       | 95               | 0:02:34       |
| 61,90    | 70               | 0:05:04       | 80               | 0:04:23       | 90               | 0:03:51       | 95               | 0:03:38       |
| 62,84    | 65               | 0:05:52       | 75               | 0:05:05       | 85               | 0:04:29       | 90               | 0:04:14       |
| 65,15    | 65               | 0:08:00       | 75               | 0:06:56       | 85               | 0:06:07       | 90               | 0:05:46       |
| 66,10    | 50               | 0:08:53       | 60               | 0:07:41       | 70               | 0:06:47       | 80               | 0:06:24       |
| 67,22    | 40               | 0:10:14       | 45               | 0:08:49       | 50               | 0:07:44       | 60               | 0:07:14       |
| 68,45    | 55               | 0:12:04       | 65               | 0:10:27       | 75               | 0:09:13       | 85               | 0:08:28       |
| 69,08    | 50               | 0:12:46       | 60               | 0:11:02       | 70               | 0:09:43       | 80               | 0:08:55       |
| 69,73    | 50               | 0:13:32       | 55               | 0:11:41       | 65               | 0:10:17       | 70               | 0:09:24       |
| 70,41    | 35               | 0:14:21       | 40               | 0:12:25       | 45               | 0:10:54       | 50               | 0:09:59       |
| 70,82    | 50               | 0:15:03       | 60               | 0:13:02       | 70               | 0:11:27       | 80               | 0:10:29       |
| 71,32    | 50               | 0:15:39       | 60               | 0:13:32       | 70               | 0:11:53       | 80               | 0:10:51       |
| 73,88    | 50               | 0:18:44       | 60               | 0:16:06       | 70               | 0:14:04       | 80               | 0:12:46       |
| 74,79    | 40               | 0:19:49       | 45               | 0:17:00       | 50               | 0:14:51       | 60               | 0:13:27       |
| 75,38    | 55               | 0:20:42       | 65               | 0:17:48       | 75               | 0:15:34       | 85               | 0:14:03       |
| 76,92    | 60               | 0:22:23       | 70               | 0:19:13       | 80               | 0:16:48       | 90               | 0:15:08       |
| 77,96    | 55               | 0:23:26       | 65               | 0:20:06       | 75               | 0:17:34       | 85               | 0:15:50       |
| 78,54    | 75               | 0:24:04       | 85               | 0:20:39       | 90               | 0:18:02       | 95               | 0:16:14       |
| 84,90    | 60               | 0:29:09       | 70               | 0:25:08       | 80               | 0:22:17       | 85               | 0:20:15       |
| 85,24    | 60               | 0:29:29       | 70               | 0:25:25       | 80               | 0:22:32       | 85               | 0:20:30       |
| 85,61    | 55               | 0:29:51       | 65               | 0:25:44       | 75               | 0:22:49       | 80               | 0:20:45       |
| 86,79    | 65               | 0:31:09       | 75               | 0:26:50       | 85               | 0:23:45       | 95               | 0:21:38       |
| 87,80    | 55               | 0:32:05       | 65               | 0:27:38       | 75               | 0:24:28       | 80               | 0:22:17       |
| 88,55    | 50               | 0:32:54       | 55               | 0:28:20       | 60               | 0:25:04       | 65               | 0:22:50       |
| 89,88    | 50               | 0:34:29       | 55               | 0:29:47       | 60               | 0:26:24       | 65               | 0:24:04       |
| 90,82    | 60               | 0:35:37       | 70               | 0:30:48       | 80               | 0:27:20       | 85               | 0:24:56       |
| 93,64    | 60               | 0:38:26       | 70               | 0:33:13       | 80               | 0:29:27       | 85               | 0:26:55       |
| 94,88    |                  | 0:39:41       |                  | 0:34:17       |                  | 0:30:23       |                  | 0:27:48       |

| KM TOTAL | AVERAGE SPEED H1 | IDEAL TIME H1 | AVERAGE SPEED H2 | IDEAL TIME H2 | AVERAGE SPEED H3 | IDEAL TIME H3 | AVERAGE SPEED H4 | IDEAL TIME H4 |
|----------|------------------|---------------|------------------|---------------|------------------|---------------|------------------|---------------|
| 156,15   | 50               | 0:00:00       | 60               | 0:00:00       | 70               | 0:00:00       | 80               | 0:00:00       |
| 156,75   | 70               | 0:00:43       | 80               | 0:00:36       | 90               | 0:00:30       | 95               | 0:00:27       |
| 160,57   | 55               | 0:03:59       | 65               | 0:03:27       | 75               | 0:03:03       | 75               | 0:02:51       |
| 160,99   | 70               | 0:04:27       | 80               | 0:03:51       | 90               | 0:03:23       | 95               | 0:03:11       |
| 162,23   | 50               | 0:05:30       | 55               | 0:04:46       | 65               | 0:04:13       | 70               | 0:03:58       |
| 162,87   | 50               | 0:06:17       | 55               | 0:05:28       | 65               | 0:04:48       | 70               | 0:04:31       |
| 163,87   | 60               | 0:07:29       | 70               | 0:06:34       | 80               | 0:05:44       | 85               | 0:05:23       |
| 164,64   | 65               | 0:08:15       | 75               | 0:07:13       | 85               | 0:06:18       | 90               | 0:05:55       |
| 166,31   | 45               | 0:09:47       | 50               | 0:08:34       | 60               | 0:07:29       | 65               | 0:07:02       |
| 167,19   | 50               | 0:10:58       | 55               | 0:09:37       | 65               | 0:08:22       | 70               | 0:07:51       |
| 167,66   | 60               | 0:11:31       | 70               | 0:10:08       | 80               | 0:08:48       | 85               | 0:08:15       |
| 169,96   | 55               | 0:13:49       | 65               | 0:12:06       | 75               | 0:10:31       | 80               | 0:09:52       |
| 171,17   | 45               | 0:15:09       | 50               | 0:13:13       | 60               | 0:11:30       | 65               | 0:10:47       |
| 171,58   | 65               | 0:15:41       | 75               | 0:13:43       | 85               | 0:11:54       | 90               | 0:11:10       |
| 172,80   | 75               | 0:16:49       | 85               | 0:14:41       | 95               | 0:12:46       | 95               | 0:11:58       |
| 175,76   | 25               | 0:19:11       | 30               | 0:16:46       | 35               | 0:14:38       | 40               | 0:13:51       |
| 176,08   | 45               | 0:19:57       | 50               | 0:17:25       | 60               | 0:15:11       | 65               | 0:14:19       |
| 176,31   | 65               | 0:20:16       | 75               | 0:17:41       | 85               | 0:15:25       | 90               | 0:14:32       |
| 179,11   | 65               | 0:22:51       | 75               | 0:19:56       | 85               | 0:17:23       | 90               | 0:16:24       |
| 179,54   | 55               | 0:23:14       | 65               | 0:20:16       | 75               | 0:17:41       | 85               | 0:16:41       |
| 179,79   | 55               | 0:23:31       | 65               | 0:20:30       | 75               | 0:17:53       | 85               | 0:16:52       |
| 180,44   | 50               | 0:24:13       | 60               | 0:21:06       | 70               | 0:18:25       | 80               | 0:17:19       |
| 182,11   | 50               | 0:26:14       | 55               | 0:22:46       | 65               | 0:19:51       | 70               | 0:18:35       |
| 182,59   | 40               | 0:26:48       | 45               | 0:23:18       | 50               | 0:20:17       | 60               | 0:18:59       |
| 182,98   | 40               | 0:27:23       | 45               | 0:23:49       | 50               | 0:20:45       | 60               | 0:19:23       |
| 183,27   | 50               | 0:27:49       | 55               | 0:24:12       | 65               | 0:21:06       | 70               | 0:19:40       |
| 184,05   | 50               | 0:28:46       | 60               | 0:25:03       | 70               | 0:21:49       | 80               | 0:20:20       |
| 184,61   | 40               | 0:29:26       | 45               | 0:25:37       | 50               | 0:22:18       | 50               | 0:20:45       |
| 185,27   | 50               | 0:30:25       | 55               | 0:26:30       | 65               | 0:23:06       | 65               | 0:21:33       |
| 186,58   | 40               | 0:32:00       | 45               | 0:27:56       | 50               | 0:24:18       | 60               | 0:22:45       |
| 187,40   | 50               | 0:33:13       | 55               | 0:29:01       | 65               | 0:25:17       | 70               | 0:23:35       |
| 188,17   | 45               | 0:34:09       | 50               | 0:29:52       | 60               | 0:26:00       | 65               | 0:24:14       |
| 188,69   | 50               | 0:34:50       | 60               | 0:30:29       | 70               | 0:26:31       | 80               | 0:24:43       |
| 189,65   | 60               | 0:36:00       | 70               | 0:31:27       | 80               | 0:27:20       | 90               | 0:25:26       |
| 192,76   | 55               | 0:39:06       | 65               | 0:34:06       | 75               | 0:29:40       | 85               | 0:27:31       |
| 193,18   | 40               | 0:39:34       | 45               | 0:34:30       | 50               | 0:30:01       | 60               | 0:27:48       |
| 193,57   | 50               | 0:40:09       | 55               | 0:35:01       | 65               | 0:30:29       | 70               | 0:28:12       |
| 194,40   | 30               | 0:41:08       | 30               | 0:35:55       | 30               | 0:31:15       | 30               | 0:28:55       |
| 194,82   | 30               | 0:41:59       | 30               | 0:36:46       | 30               | 0:32:05       | 30               | 0:29:45       |
| 195,07   | 45               | 0:42:29       | 50               | 0:37:16       | 60               | 0:32:35       | 65               | 0:30:15       |
| 196,22   | 45               | 0:44:01       | 50               | 0:38:38       | 55               | 0:33:44       | 65               | 0:31:19       |
| 196,69   | 50               | 0:44:38       | 60               | 0:39:12       | 70               | 0:34:15       | 80               | 0:31:45       |
| 197,24   | 35               | 0:45:18       | 40               | 0:39:45       | 45               | 0:34:43       | 50               | 0:32:09       |
| 197,65   | 55               | 0:46:00       | 65               | 0:40:22       | 75               | 0:35:16       | 85               | 0:32:39       |
| 198,41   | 40               | 0:46:50       | 45               | 0:41:04       | 50               | 0:35:52       | 60               | 0:33:11       |
| 200,26   | 60               | 0:49:36       | 70               | 0:43:32       | 80               | 0:38:06       | 85               | 0:35:02       |
| 201,60   | 65               | 0:50:57       | 75               | 0:44:41       | 85               | 0:39:06       | 90               | 0:35:59       |
| 202,02   | 45               | 0:51:20       | 50               | 0:45:01       | 55               | 0:39:24       | 65               | 0:36:16       |
| 203,48   | 55               | 0:53:17       | 65               | 0:46:47       | 75               | 0:40:59       | 80               | 0:37:37       |
| 205,54   | 30               | 0:55:32       | 30               | 0:48:41       | 30               | 0:42:38       | 30               | 0:39:09       |
| 205,94   | 30               | 0:56:20       | 30               | 0:49:29       | 30               | 0:43:26       | 30               | 0:39:57       |
| 207,57   | 50               | 0:59:35       | 55               | 0:52:44       | 65               | 0:46:42       | 70               | 0:43:13       |
| 208,52   | 50               | 1:00:44       | 60               | 0:53:46       | 70               | 0:47:34       | 80               | 0:44:02       |
| 209,04   | 70               | 1:01:21       | 80               | 0:54:18       | 90               | 0:48:01       | 95               | 0:44:25       |
| 210,65   | 65               | 1:02:44       | 75               | 0:55:30       | 85               | 0:49:05       | 90               | 0:45:26       |
| 212,79   | 50               | 1:04:43       | 60               | 0:57:13       | 70               | 0:50:36       | 80               | 0:46:52       |
| 214,01   | 40               | 1:06:10       | 45               | 0:58:26       | 50               | 0:51:39       | 60               | 0:47:47       |
| 215,33   | 30               | 1:08:09       | 35               | 1:00:12       | 40               | 0:53:14       | 40               | 0:49:06       |



# STAGE 11

## RT 11.4

| KM TOTAL | AVERAGE SPEED H1 | IDEAL TIME H1 | AVERAGE SPEED H2 | IDEAL TIME H2 | AVERAGE SPEED H3 | IDEAL TIME H3 | AVERAGE SPEED H4 | IDEAL TIME H4 |
|----------|------------------|---------------|------------------|---------------|------------------|---------------|------------------|---------------|
| 216,18   | 60               | 1:09:51       | 70               | 1:01:39       | 80               | 0:54:30       | 85               | 0:50:22       |
| 218,87   | 50               | 1:12:33       | 55               | 1:03:57       | 65               | 0:56:31       | 70               | 0:52:16       |
| 219,95   | 40               | 1:13:50       | 45               | 1:05:08       | 50               | 0:57:31       | 50               | 0:53:12       |
| 220,42   |                  | 1:14:33       |                  | 1:05:46       |                  | 0:58:05       |                  | 0:53:46       |